Monday	Tuesday	Wednesday	Thursday	Friday	Cafeteria Information
	10/1/24	10/2/24	10/3/24	10/4/24	Breakfast
This institution is an equal opportunity provider.	Maple Pancakes, Sausage Links, Fresh Banana, 100% Fruit Juice Variety, Milk Variety	Mini Cinnamon Roll, Egg Omelet, Diced Pears, 100% Fruit Juice Variety, Milk Variety	Breakfast Burrito, Fresh Apple, 100% Fruit Juice Variety, Milk Variety	Muffin Choice, Yogurt, Tropical Fruit, 100% Fruit Juice Variety, Milk Variety	Breakfast Choice of one Entrée Item Featured on Menu OR Cereal, Cereal Bar w/ Cheese Stick Choose One Side Assorted Fruits Choose One White or Chocolate Milk
10/7/24	10/8/24	10/9/24	10/10/24	10/11/24	Lunch
WG Cereal Variety, String Cheese, Fresh Apple, 100% Fruit Juice Variety, Milk Variety	Biscuits & Gravy, Sliced Pears, 100% Fruit Juice Variety, Milk Variety	Breakfast Pizza, Tropical Fruit, 100% Fruit Juice Variety, Milk Variet	Breakfast Combo Bar (Hashbrown, Ham & Cheese), Banana Bread Sliced Pineapple, 100% Fruit Juice Variety, Milk Variety	Blueberry Waffles w/ Syrup, Yogurt, Fresh Banana, 100% Fruit Juice Variety, Milk Variety	RVH Lunch Students must select at least one fruit or vegetable and two other menu items. Students may select all of the items on the featured menu.
10/14/24	10/15/24	10/16/24	10/17/24	10/18/24	03.50 / 03.50 3
WG Cereal Variety, String Cheese, Applesauce, 100% Fruit Juice Variety, Milk Variety	Cinnamon French Toast w/ Syrup , Sausage Links, Fresh Banana, 100% Fruit Juice Variety, Milk Variety	Scrambled Egg & Bacon Pizza, Mandarin Oranges, 100% Fruit Juice Variety, Milk Variety	Egg Biscuit, Pineapple Chunks, 100% Fruit Juice Variety, Milk Variety	Ultimate Breakfast Round, Yogurt, Diced Peaches, 100% Fruit Juice Variety, Milk Variety	GMS / GHS Lunch Choice of one Entrée Main Line - Select one Entrée from Featured Menu. Alt. Line - Rotates Daily (Choice of Chicken Sandwich, Trojan Burger, Pizza, BBQ Rib on a Bun or Crispitos)
10/21/24	10/22/24	10/23/24	10/24/24	10/25/24	*
WG Cereal Variety, String Cheese, Sliced Peaches, 100% Fruit Juice Variety, Milk Variety	Sausage Biscuit, Fresh Clementine, 100% Fruit Juice Variety, Milk Variety	Breakfast Tornado, Fruit Cocktail, 100% Fruit Juice Variety, Milk Variety	French Toast Sticks w/ Syrup, Yogurt, Sliced Peaches, 100% Fruit Juice Variety, Milk Variety	No School	Cold Deli Line - All items Offered Daily: Chef Salad Strawberry or Blueberry Yogurt Parfait Cubed Cheese, Grape & Cracker Cups Ham or Turkey Sandwich w/ Sun Chips Deli Wraps *
40 (00 (04	40/00/04	40/00/04	40/04/04		Choose up to Three Sides
WG Cereal Variety, String Cheese, Pineapple Chunks, 100% Fruit Juice Variety, Milk Variety	Mini Waffles, Sausage Links, Fresh Banana, 100% Fruit Juice Variety, Milk Variety	10/30/24 Egg Omelet, Cherry Frudel, Fruit Cocktail, 100% Fruit Juice Variety, Milk Variety	Breakfast Burrito, Fresh Apple, 100% Fruit Juice Variety, Milk Variety	Don't forget to fill out an application for free and reduced school lunches. Applications are available online at www.girard248.org	Side Salad, Assorted Fresh Fruit, Assorted Canned Fruit, Featured Vegetables, Grains & Desserts * Choose One White or Chocolate Milk
This Menu is Subject to Change Without Notice					